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ABSTRACT

Every year one million teenage girls become pregnant. Eight out of 10 are unintended pregnancies. Primarily targeting pregnant teenagers, this book address many of the different issues and decisions that a pregnant teenager must face. Letters supplement text to highlight feelings of pregnant teens and provide advice from friends, counselors, and physicians. Chapters are entitled: (1) Knowing Your Body; (2) Making Good Decisions; (3) What It's Like Being Pregnant; (4) Taking Care of Yourself and Your Baby; (5) Thinking about Adoption; (6) Thinking about Abortion; and (7) Protecting Yourself. A glossary, help list, and suggestions for further reading are also included. (JBJ)

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